

Students: Groups of 6

Equipment: Chalk

Area: Large open space

Instructions:

Draw a chalk circle on the floor and allocate 6 students to stand in there. Give them a number from 1-6. The teacher says "On your marks, set," and then calls a number from 1-6. Students with the designated number sprint clockwise around the circle back to their place.

Variation

Students use relay batons. A runner sprints around the circle and then passes the baton to the next runner